

Facts about Stalking

- 3.4 million people over the age of 18 are stalked each year.
- 17% of Native American women have been stalked.
- 1 in 4 victims report being stalked through some form of technology (cyberstalking).
- Stalkers can buy surveillance software and hardware for as little as \$30 and can easily track their victims' every move on a computer.
- 10% of victims report being monitored with a global positioning systems (GPS), and 8% report being monitored through video or digital cameras or listening devices.
- 2/3 of stalkers pursue their victim at least once a week.
- 78% of stalkers use more than one approach.
- Weapons are used to harm or threaten victims in 1 of every 5 cases.
- Almost 1/3 of stalkers have stalked before.
- Intimate partner stalkers frequently approach their victim, and their behaviors escalate quickly.
- 3 in 4 stalking victims are stalked by someone they know.
- 30% of stalking victims are stalked by a current or former intimate partner.
- Persons ages 18-24 years experience the highest rate of stalking.
- 11% of stalking victims have been stalked for 5 years or more.
- 46% of stalking victims experience at least one unwanted contact per week.

The White Earth Domestic Abuse Program Provides the Following Services:

- Crisis intervention
- Crisis counseling
- Transportation for medical & legal appointments related to the crime
- Empowerment sessions
- Community education
- Assistance with orders for protection/harassment restraining orders
- Safehousing
- Information and referrals
- Legal, personal, and systems advocacy
- Assistance in creating safety plans
- Assistance in applying for reparations claims
- Support during evidentiary exams

24 Hour Crisis Line
877.830.DOVE (3683)

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Zaagi'idiwin and Manaaji'win
"Love and Respect"

Serving the victims of violence
on/near the
White Earth Reservation

Stalking



DOVE

Down On Violence Everyday Program
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(3683)

What is Stalking?

Stalking is characterized by willfully, maliciously, and repeatedly harassing, following or causing credible threat to another individual in an attempt to frighten or harm them.

Safety when you're being stalked

- Inform a trusted neighbor about the situation and a description of the stalker (if possible, a picture) as well as any vehicles they may be driving.
- Let your landlord/manager know and give them the same information.
- Have coworkers screen your calls and visitors.
- Try to stay in public areas as much as possible.
- Install dead bolts and change locks if there is any reason the stalker could get your key.
- Have adequate outdoor lighting so there are no dark places for the stalker to hide.
- Change your route frequently.
- Treat all threats as legitimate.
- Get an unlisted phone number, but do not disconnect the one the stalker has.
- Limit time spent walking or walk with a friend.
- Keep your vehicle locked and ask for an escort at work to walk you to your vehicle.
- Keep a journal noting date/time/location of all incidents.
- Save all letters, gifts, and anything else from the stalker.
- Record indirect contact with the stalker through friends or family members in your journal.
- Take pictures if possible anytime the stalker follows you or drives by.

If you are in imminent danger:

- Locate a safe place to go - family/friend's house (if stalker doesn't know the location), shelter, public areas.

If it is not possible to leave, call local law enforcement or 911.

Stalking Behaviors

- Calls frequently (sometimes saying nothing or hangs up)
- Waits outside or inside places you are
- Watches you from a distance
- Follows you
- Sends letters and/or emails
- Shows up uninvited
- Sends unwanted gifts or flowers
- Leaves written messages or objects for you

National Center for Victims of Crime Stalking Resource Center

800.FYI.CALL • 800.211.7996 (TTY)

www.ncvc.org/src



5 Categories of Stalking

Simple Obsession

- A prior relationship exists between the victim and the stalker
- Acquaintance, neighbor, customer, professional relationship, dating
- The stalking behavior begins after the relationship has gone "sour" or the offending individual perceives some mistreatment
- The stalker begins a campaign to either rectify the "relationship" or to seek some type of retribution

Love Obsession

- Obsessed with being "in love" with the victim
- Stalking becomes a way to make the victim realize the stalker's existence
- Celebrity stalkers

Erotomania

- Idealized as romantic love and spiritual union rather than sexual attraction
- The object of affection is usually of a higher status and can be a complete stranger
- "Rescues" the victim from an imagined danger

Vengeance/Terrorism

- Attempt to elicit a particular response or a change of behavior from their own victim
- Stalkers seek only to punish their victims for some wrong they perceive the victim has done to them to "get even"

Example: Employee who was fired may stalk their employer

Cyberstalking

- The use of the internet or other electronic means to stalk someone
- The use of information and communications technology to harass someone
- Cyberstalkers meet or target their victims by using chat rooms, and online communities such as MySpace or Facebook
- Some victims can be stalked physically