

Facts about Dating Violence

- 1 in 5 teens who have been in a serious relationship report being hit, slapped, or pushed by a partner.
- 1 in 3 girls who have been in a serious relationship say they've been concerned about being physically hurt by their partner.
- 1 in 4 teens who have been in a serious relationship say their boyfriend or girlfriend has tried to prevent them from spending time with friends or family; the same number have been pressured to only spend time with their partner.
- 1 in 3 girls between the ages of 16 and 18 say sex is expected for people their age if they're in a relationship; half of teen girls who have experienced sexual pressure report they are afraid the relationship would break up if they did not give in.
- Nearly 1 in 4 girls who have been in a relationship (23%) reported going further sexually than they wanted as a result of pressure.

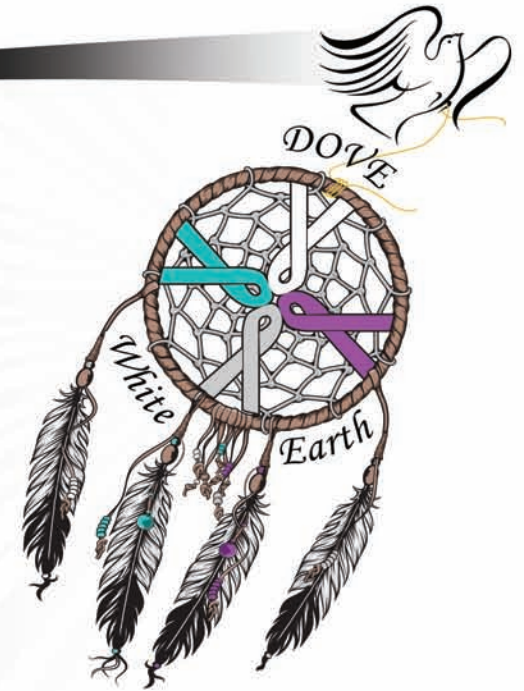


The White Earth Domestic Abuse Program Provides the Following Services:

- Crisis intervention
- Crisis counseling
- Transportation for medical & legal appointments related to the crime
- Empowerment sessions
- Community education
- Assistance with orders for protection/harassment restraining orders
- Safehousing
- Information and referrals
- Legal, personal, and systems advocacy
- Assistance in creating safety plans
- Assistance in applying for reparations claims
- Support during evidentiary exams

24 Hour Crisis Line
877.830.DOVE (3683)

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Zaagi'idiwin and Manaaji'win
"Love and Respect"

Serving the victims of violence
on/near the
White Earth Reservation

Dating Violence



DOVE
Down On Violence Everyday Program
218.935.5554 • 800.763.8629

24 Hour Crisis Line • 877.830.DOVE
(3683)

What is Dating Violence?

Dating violence is characterized by a pattern of controlling aggressive, coercive, or violent behaviors used by a boy/girlfriend in a dating relationship.

Does your Boy/Girlfriend do any of the following?

- Hit you
- Slap you
- Push you
- Strangle you
- Restrain you
- Threaten you
- Call you names
- Force you to have sex
- Tell you what to wear
- Make all the decisions
- Tell you who you can talk to
- Act jealous and controlling
- Keep "tabs" on your whereabouts
- Isolate you from family and friends
- Pressure you into things you don't want to do

Safe Dating Tips

- Always tell someone where you are going and what time you expect to return.
- Have a friend call during your date to see if everything is okay.
- Get to know your date before being alone with him/her.
- Be clear with your boundaries with your date.
- Say NO when you feel uncomfortable.

National Teen Dating Abuse Helpline

866.331.9474 • 866.331.8453 (TTY)

www.loveisrespect.org

Ending an Abusive Relationship

- Don't break up in a private place.
- Don't accept a ride home from the person you just broke up with.
- Know that abusers will make promises to change which rarely happens on their own.
- Abusers will say that the abuse will never happen again in an attempt to gain control of you.
- You shouldn't be harassed, threatened, or made to feel guilty for ending an unhealthy relationship.
- You have the right to end a relationship for any reason.

